



Image courtesy of Simon Veit-Wilson Photography


# Membership form

To attend Chilli Studios you must complete this form. If you require support to do so please let a member of staff know.

The General Data Protection Regulation (GDPR) came into effect on 25 May 2018 and we want to ensure that your data is handled correctly. Your details will be kept safely and confidentially and used by Chilli Studios for membership, staff and our charity activity purposes only. Security of Information is very important to Chilli Studios. We will only share your personal information for very limited reasons and in limited circumstances, for further details see our **Privacy policy**

<https://www.chillistudios.co.uk/policies-procedure>.





We provide an evolving programme of multi-disciplinary creative activities, both within a physical space and online.

### **SUPPORT**

All activities and workshops are supported and delivered by creative professionals. We encourage members to try new things, form friendships and improve skills and knowledge, both in group settings and individually.

Additional wellbeing based and practical support offers are provided where possible. If we are unable to help, we endeavour to find those that can.

### **OPPORTUNITIES**

New opportunities develop all the time; these can be exhibitions, performances, commissions, involvement in project development, and cultural visits.

### **MEMBER-LED**

Members are encouraged to get involved in the design and delivery of our service.

### **MEMBERSHIP**

A successful referral requires a referral agent; this could be your doctor, social worker or support worker.

### **COST**

We are happy to offer membership funded by direct payments or personal budgets; these are agreed to meet individuals' needs and priced according to means and requirements.

Subsidised membership, for those without access to funding, is paid by standing order directly to our service.

£10 per calendar month

(or £12 if paying cash or by card transaction).

### **ATTENDANCE**

When attending the studio, members will use a membership card (supplied) to register attendance in activities.

# Section 1. Your personal details

Preferred pronoun: He/Him  She/Her  They/ Them  Not listed

Name ..... DOB .....

Your address .....

..... Postcode .....

Mobile ..... Landline .....

Email .....

*If you don't have an email address, would you like us to help you set one up? .....*

## Please mark the most relevant boxes in all following sections

### Ethnicity:

White British  White Irish  White Gypsy/Irish Traveller  White European

Asian/Asian UK Indian  Bangladeshi  Pakistani

Chinese  Any other Asian background

Black/African/Caribbean/Black UK  Caribbean  African

Any other Black background

Mixed Ethnic Background  Any other ethnic group  Arab

### Which of the following most accurately describes you:

Male  Female  Trans Man  Trans Woman  Non Binary

Another description:..... Prefer not to say

### Sexual Orientation:

Heterosexual  Lesbian  Gay man  Bisexual  Asexual  Prefer not to say

### Belief system:

No religion  My religion is: ..... Prefer not to say

### Caring Responsibilities:

with caring responsibilities  without caring responsibilities  Prefer not to say

## Contact permission:

*From time to time Chilli Studios sends out information about what we are doing  
Please confirm if you are happy for Chilli Studios to contact you in the future via:*

Email     Mobile phone call     SMS Text     Landline call     Post

## Emergency contact details

We will only use this information in an emergency situation

Name ..... Contact Number/s .....

Relationship to you .....

## Any other support networks you wish to share?

Name ..... Position .....

Organisation & Address .....

Contact Number ..... Email .....

Name ..... Position .....

Organisation & Address .....

Contact Number ..... Email .....

## Photographic consent

With your consent photographs and videos taken can to be used by Chilli Studios for publications, newsletters, presentations, website, social media and PR activities. No one will be identified by name unless additional prior approval is obtained first.

I give consent     I do not give consent

# SECTION 2. Referral & Disclosure

Do you have a psychiatrist, social worker, CPN or support worker? If so, please ensure one of these completes their details below, please also confirm your GP practice.

If you do not have one of these referral agents available to sign, you will be required to request a referral from your GP. To do this please ask your GP during your next visit to fill in the 'GP Referral' section at the bottom of this page.

## **NOTE: THIS PART MUST BE COMPLETED BY A HEALTH PROFESSIONAL**

Name ..... Position .....

Organisation name & Address .....

.....

.....

Contact Number ..... Email .....

Signed ..... Date .....

If there are any risks that we should be aware of in this person attending please contact us by post or email to: Charity Officer, Chilli Studios, The Blackfriars Centre, Newcastle upon Tyne, NE1 2TQ or [info@chillistudios.co.uk](mailto:info@chillistudios.co.uk)

## GP Referral

*Note to GP –Chilli Studios is a registered charity providing support to people with mental health issues. If your patient has requested a referral it is because he/she/they have expressed that they require support with their mental health and wellbeing.*

GP name .....

Signed .....

GP Practice name/stamp

.....



# SECTION 3: About your needs & general wellbeing.

How would you currently describe your mental health needs? Please mark the relevant box(es):

- Anxiety  Asperger's  Autism  Bipolar  Depression  Eating issues   
Learning disability  Personality disorder  Physical disability  Psychosis   
PTSD  Schizoaffective disorder  Schizophrenia  Substance abuse   
Wellbeing affected by physical health  Other

If other, please describe what this is and how it affects you.

.....  
.....

Is there anything useful for us to be aware of to make it easier for you to use the studio?

.....  
.....  
.....  
.....

## The reason/s you would like to attend Chilli Studios

Please tick if you think the following apply to you: I wish to attend to...

- Get me out of the house, something I find difficult   
Try something new   
Support me in forming meaningful social relationships.....   
Develop more confidence and build self-esteem   
Support my overall wellbeing   
Help me tackle the potential stigma attached to mental health issues.....   
  
Prevent my relapse into mental ill health   
Help me to become less reliant on clinical interventions i.e. medication   
Help me cope with my mental ill health.....   
  
Improve my creative skills and knowledge   
Help me to develop my volunteer/education/employment opportunities   
Promote new opportunities to me (signposting).....

## How your health conditions affects you

Please scale on 1-5 based how you feel:

How much does your mental health impact on your life?.....      
Mildly .....Severely

How often does this affect you?.....      
Hardly .....Always

How do you currently feel?.....      
Very well.....Very unwell

How much does your physical health impact on your life?...      
Mildly .....Severely

How often does this affect you?.....      
Hardly .....Always

How do you feel now?.....      
Very well.....Very unwell

## Section 4. Membership agreement

Chilli Studios provides a service to adults with a range of needs. We endeavour to keep the environment safe, friendly and fun for all.

### Safeguarding

Safeguarding means: protecting all children and vulnerable adults from harm. The safeguarding principles are Empowerment: people being supported and encouraged to make their own decisions and give informed consent. Prevention: it is better to take action before harm occurs. Proportionality: the least intrusive response appropriate to the risk presented. Protection: support and representation for those in greatest need. Chilli Studios believes that, as an organisation, it is essential to take a proactive approach to safeguarding.

### Shared Values

A peer-led group has designed the values shown to support any activity for all involved. These values sit alongside our organisation's Code of Conduct and Charity Policies.

- To create a Safe Place. A space that creates cohesion, encouragement & support.
- Provide an opportunity to express and allow space and time needed to do so together.
- Respect, understand and value difference.
- Exercise compassion: to be sensitive, aware and support each other with our individual needs and mental health conditions.
- Respect wishes and privacy: confidentiality is important to protect our safety and privacy.
- Keep discussion and focus appropriate to the session and those involved. Be aware that everyone has different sensitivities, experiences, and possible triggers.
- Be creative! Art allows us to express and communicate.
- Listen and Learn from each other and ourselves.
- Highlight and celebrate the achievements of all levels.
- Respect timings and facilitators as well as each other.
- Feel free to ask for support where needed.

Any conduct or behaviour against these principles will or can be challenged by staff, volunteers or other members. For the complete list of the studio's policies and procedures, please ask a member of staff. To become a member, you must accept our conditions of membership.

**Unacceptable Behaviour**

- Using the service without having a valid membership.
- Bringing alcohol, un-prescribed, illegal drugs or being under their influence whilst on premises.
- Attacking another person or people in the studio in either a physical or verbally aggressive way.
- Behaving in an aggressive or threatening manner. This includes threats and intimidation.
- Sexual harassment, including unwanted touching and suggestive comments or language.
- The taking of property from others without permission.
- Exploitation of other members emotionally, materially or financially.
- Using inflammatory language breaching the equal opportunities policy.
- Improper use of equipment, material or resource of the charity after being informed of this.

If a member has any difficulty challenging the behaviour of another member they are encouraged to call upon staff to intervene. Chilli Studios, however, cannot enforce a restriction on a member due to situations between members outside of the service unless deemed a significant threat or a restraining order is in place.

All members must sign in at arrival and out at departure within the signing in book, positioned at the front entrance desk to indicate who is in the building. In the event of a fire, members will exit using the main door and congregate on the space directly opposite the main entrance.

Registering attendance within activities will be done electronically using membership cards; we will describe this process within your induction.

All artwork produced by members remains their property. However, please note that Chilli Studios cannot guarantee the safety of member's artwork and materials which remains their responsibility. Furthermore, we reserve the right to recycle artwork and materials belonging to members left in the studio over three months.

Finally, to attend the studio, members must maintain membership fees; if this is problematic, please discuss this with the staff as soon as possible.

By signing below, you agree to all aspects of this membership agreement.

Your Name .....Date .....

Your signature.....

**Welcome to Chilli Studios**